

From: LCHS PTSA ptapresident@lchs912.org
Subject: LCHS PTSA Newsletter
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To:



LCHS 9 - 12 PTSA online NEWS

Dear LCHS Family,

Please join us from the comfort of your computer for the monthly LCHS PTSA meeting at 9:00 a.m. on Thursday, September 17 via Zoom. Principal James Cartnal and LCUSD school board representative Dan Jeffries will provide school updates. Parents will be introduced to available mental health care resources such as Care Solace, new parent support meetings and LCHS's Virtual Wellness Center by guest speaker Rachel Zooi.

This month the annual Reflections Art Contest launches, Parent Support Meetings will begin and [Yearbooks](#) are available for purchase. If you haven't already, please complete the [Spartan Online Order Form](#) where you can sign up for PTSA, make a donation to your area of interest or buy some Spartan stickers or masks. Looking ahead to October, mark your calendar for a virtual candidate forum where you can hear from all four LCUSD school board candidates that will be on the ballot in November.

Lastly, the smoke and fires have made it a particularly tough week all around. Families are missing the outdoor socially-distanced connections with friends that the poor air-quality has prevented. I spent my Friday night on a zoom lecture that had a number of key points about mental health. An easy one to practice is "**Joy is contagious.**" Forgive me if that sounds corny. My hope is that you will ask your students to share some joy with their teachers. Ask your kids about what is going well at school. Ask them to send a note in the classroom chat or via email about something they enjoyed in class. A little joy can be contagious.

Joyfully,

Kelly Davis
LCHS PTSA President
ptapresident@lchsptsa.org

LCHS PTSA Meeting - September 17

Please join us for our monthly PTSA Meeting at 9:00 am on Thursday, September 17
Please register in advance for all PTSA meetings at
https://us02web.zoom.us/meeting/register/tZUodeyspjMjE9NW4P_PkaxKlqeMrU_p-hHs

The Spartan Online Order Form is Live!

With a new year comes the Spartan Online Order Form, where you can donate, volunteer and purchase your PTSA membership, and Spirit Wear. The funding sources that

comprise the annual PTSA budget are from donations you choose to make on this form. LCHS PTSA relies on our school families to donate, either to our PTSA directed funds or as Sponsors of the annual La Canada Home Tour. **YOUR student and YOUR school are counting on you.** Please check it out!

Go to www.lchsptsa.org and click on the Spartan Order Form logo.

Thank you and Go Spartans!

PTA Reflections Contest Entry Forms Available Now

The theme for the 2020-2021 PTA Reflections contest is "I MATTER BECAUSE...".

Starting NOW, we encourage you to explore the theme through one or more of the artistic genres listed below. Formal entry forms are available on the lchsptsa website at <http://lchsptsa.org/Page/PTSA/reflections>. Submissions are due to LCHS by 3:30 p.m. on Friday, October 23, 2020.

The PTA's national Reflections Art Program has brought the arts to life for more than 10 million students since 1969. Reflections encourages students of all ages to:

- Unleash creative talents and be inspired
- Express themselves imaginatively in their artwork
- Experience the fun and joy of making art
- Tap into critical-thinking skills to create art inspired by the annual theme
- Receive positive recognition for their original works of art.

Encourage your student to create new art inspired by this year's theme: "I Matter Because..."

Categories are:

- Dance/Choreography
- Literature
- Photography
- Film Production
- Music Composition
- Visual Arts

Specific rules can be found [HERE](#).

Questions? Please email Billie Melillo at mommaraptor@gmail.com or 818-939-3215

Parent Support Group Meetings Begin September 30

Our Community partner, Sage, will be hosting a parent discussion group led by Liz Schoeben, LMFT and Sage Executive Director. This virtual group will meet monthly to discuss relevant and timely topics about teen mental health and is open to any LCUSD parent/guardian of students in grades 7-12 on Wednesdays 9:30 - 10:30 a.m. beginning on September 30.

Please RSVP by emailing the Wellness Center at wellnesscenter@lcsd.net. Meetings will be held via Zoom

La Canada School Board Candidate Forum - October 13

League of Women Voters and La Canada PTA Council is hosting a virtual candidate forum

for the La Canada School Board. The Zoom webinar will be held on October 13 from 6:30 - 8:30 p.m. All are invited by you must register to attend. Please [click here](#) for the flyer which has the button where you can register now.

LC Logo Masks, Stickers and Magnets



Show your Spartan Spirit while protecting those around you with custom LC logo masks. Masks are specially designed for our schools and made by Smiles in a Box, who will donate \$1 per mask to Feeding America. There are two custom designs to choose from, or order both! Masks are \$10 each and available to order on our [Online Order form](#)



Customize your chromebooks, folders, water bottles or anything else with LC logo stickers (\$3) and magnets (\$5), available to order on the [Online Order form](#).

All masks, stickers and magnets will be mailed directly to you for a small shipping charge.

For questions please contact Suzanne Jensen at suzejensen@gmail.com.

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